Off Campus Counseling Referrals

We understand that some people prefer to seek help off campus, so please use this list as a resource if you want to begin working with someone.

The following therapists have indicated that will work with Wofford students. Please take some time to check out their websites or Psychology Today profiles to learn more about them. Feel free to contact Counseling Services if you have questions about the process of finding an off-campus therapist.

** Indicates Wofford Alumni

GREENVILLE AREA:

Practice Name: Emily Loeber Therapy**
Phone: 864-962-7078
Website: [www.emilyloebertherapy.com](http://www.emilyloebertherapy.com)
(Note: For a free consultation and for all future appointments, go to the website, which is easy and confidential.)

Area(s) of Specialty: Trauma, substance use/abuse, life transitions/difficulty transitioning through change

Insurance: The practice does not take insurance, but offers a discounted rate for any client referred by Wofford College; standard rate of $105 is discounted to $80, lower than most insurance companies will reimburse.

Address: 205 Bryce Circle, Simpsonville, SC 29681

Practice Name: Tuttle Therapy Services, Amanda Tuttle, M.Ed, Ed.S., LPC-A, NCC
Phone: 860-706-2942
Website:
Email: tuttletherapyservices@gmail.com
Area(s) of Specialty: Amanda Tuttle, currently an LPC-A awaiting for full licensure, practices in South Carolina as a sexual trauma counselor. Her recently opened private practice provides tele-health counseling to adolescents and adults. Tuttle specializes in a wide array of trauma, including physical/emotional/sexual abuse, family deaths and accidents, as well as depression, anxiety and other life-adjustment concerns. Tuttle is trained in most trauma-based practices, including EMDR, and in tele-health, which includes video chats and phone sessions, perfect for college students who have a difficult time making time during the school year to attend an in-person session.

Insurance: Not paneled but will provide a superbill to be submitted to insurance.

Address:

Practice Name: ABCounseling, LLC (Alexandra Beavers, M.Ed., LPC)**
Phone: 864-660-3525
Email: alexbcounseling@gmail.com
Website: [www.abcounselingllc.org](http://www.abcounselingllc.org)
Area(s) of Specialty: Beavers specializes in anxiety, depression, trauma and change of life issues.

Insurance: Medicaid and related MCOs, except for Molina and Absolute Total Care. Beavers is in the process of getting credentialied with BCBS. The practice has three other counselors, William Mulkey, Tayla Fortenberry and Hollyi Hall. The four practice separately but share space; clients may be contacted by any of them.
Address: 880 S. Pleasantburg Drive, Suite 4 F, Greenville, SC 29607

Practice Name: Carolina Counseling Partners (Julie Griffin)
Phone: 864-593-0007
Website: www.carolinacounselingpartners.com
Email: juliegriffin6@gmail.com
Area(s) of Specialty: Trauma, abuse, anxiety, depression, PTSD
Insurance: BCBS, PAI, Blue Choice Health, State Health Plan, Federal Health Plan
Address: 3150 S. Highway 14, Greenville, SC 29615

Practice Name: New Leaf Therapy (Christina Morrison)
Phone: 864-350-7953
Website: www.newleaftherapysc.com
Email: christina@newleaftherapysc.com
Area(s) of Specialty: Anxiety and depression, self-harm behaviors
Insurance: BCBS
Address: 72 Parkway Commons Way, Greer, SC 29650

Practice Name: Thriveworks Greenville (Nathan Hansen)
Phone: 864-952-4048
Website: https://thriveworks.com/greenville-counseling/
Email: sisu.empcoaching@gmail.com
Area(s) of Specialty: Sports performance, anxiety, depression, trauma, anger
Insurance: Aetna, Behavioral Health Systems, Blue Choice Medicaid Managed Care, Blue Cross Blue Shield (Companion Healthcare, Companion Technologies, State Health Plan), CIGNA, Human, OptumHealth Behavioral Solutions, Tricare East, Tricare South-Human Military, United HealthCare/ All Savers Alternate Funding, UnitedHealthcare/UHIS-UnitedHealth Integrated Services
Address: 68 Pointe Circle, Suite 3201, Greenville, SC 29615

Practice Name: Melody Nadeau, LISW-CP
Phone: 864-326-5104 Fax: 864-568-3915
Website: www.melodynadeautherapy.com or https://therapists.psychologytoday.com/351037
Email: melody@melodynadeautherapy.com
Area(s) of Specialty: EMDR, DBT-informed skills and principles with a foundation of core mindfulness, certified addictions therapist with a focus on the teen/young adult population
Insurance: BCBS; provides superbills for out of network
Address: 20 Mills Avenue, Greenville, SC 29605

Practice Name: Griffin Wynkoop – City Center
Phone: 864-326-3435, extension 703
Website: http://www.citycentercounseling.org
Email: gwynkoop.ccc@gmail.com
Area(s) of Specialty: Eating disorders/body image concerns, spirituality, trauma, anxiety, depression, life transitions and relationship distress
Insurance: Sliding fee scale depending on household income; minimum payment is $25 and maximum is $65
Address: 1627 E. North Street, Greenville, SC 29607
Practice Name: Griffin Wynkoop – Living Bread  
Phone: 864-660-9407, ext. 3  
Website: http://livingbreadgreenville.org/  
Email: gwynkoop.ccc@gmail.com  
Area(s) of Specialty: Eating disorders/body image concerns, spirituality, trauma, anxiety, depression, life transitions and relationship distress  
Insurance: $150 ($100 for first session); offers sliding fee scale depending on household income of clients (minimum amount, $10)  
Address:  

Practice Name: Riner Counseling (Mary-Catherin Riner, PhD., Ed.S., M.S.)**  
Phone: 1-864-608-0446  
Website: https://rinercounseling.com/  
Email: drmarycatherine@rinercounseling.com  
Area(s) of Specialty: Helping individuals struggling with food/body image concerns, OCD, couples counseling, self-harm behaviors and trauma-related experiences. Works with individuals with general anxiety and depression, ADHD, career counseling concerns, stress management and issues related to identity and coping with general life transitions. Focus is on the relationship while also incorporating elements of cognitive behavioral therapy (CBT), acceptance and commitment therapy (ACT) and solutions-focused therapy (SFT).  
Insurance:  
Address: 1990 Augusta St #1900, Greenville, SC 29605  

Practice Name: Kheri Corbin, Riverstone Family Counseling  
Phone: 864-263-3039  
Website: www.riverstonefamily.com  
Email: KACounseling@riverstonefamily.com  
Area(s) of Specialty: Corbin earned her B.A. degree in psychology in 2012 at Clemson University and her master of marriage and family therapy in 2014 at Converse College. She earned her graduate certificate in sports counseling in 2015 from California University of Pennsylvania (California, PA). She received her clinical training from Emerge Family Therapy Center and Teaching Clinic (formerly known as Westgate Family Therapy Institute). Corbin is licensed by the state of South Carolina as a marriage and family therapist. She is a clinical fellow of the American Association for Marriage and Family Therapy (AAMFT) and a member of Alpha Kappa Alpha Sorority Inc.  
Insurance:  
Address: 137 Commons Way, Greenville, SC 29611  

Practice Name: Riley Wellness Group (Beth Riley and Lisa Sobol, Ph.D., Rachel Doerr, Jayne Mattingly)  
Phone: 864-787-1946  
Website: http://www.rileywellnessgroup.com/  
Email: beth@rileywellnessgroup.com  
Area(s) of Specialty: Virtual services for all mental health issues and coaching services geared toward college students and women’s wellness  
Insurance:  
Address: 220 N. Main Street, Suite 500, Greenville, SC 29601  

Practice Name: Uplift Counseling Services, LLC (Taylor Krulac)
Phone: 864-458-8176  
Website: [www.upliftcounselingllc.com](http://www.upliftcounselingllc.com)  
Email: info@upliftcounselingllc.com  
Area(s) of Specialty: OCD, specializing in exposure response prevention (ERP), EMDR; mood/anxiety-related disorders and acute crisis behaviors  
Insurance: Not paneled but will provide superbills.  
Address: Mauldin, SC

Practice Name: Legacy Counseling and Consulting, LLC (Leo Newman)  
Phone: 864-481-0004, fax: 864-568-3884  
Website: [www.legacycounselingllc.com](http://www.legacycounselingllc.com)  
Email: leo@legacycounselingllc.com  
Area(s) of Specialty: Chronic health challenges, pain, stress and life transitions. EMDR for trauma and other difficult to treat concerns for which EMDR may be indicated. Offers office-based counseling, tele-therapy and counseling in the park.  
Insurance: BCBS and self-pay  
Address: 1204 B East Washington Street, Greenville, SC 29601

Practice Name: Jerah Sowinski, LMFT, LPC  
Phone: 864-406-6464  
Website: [www.therapywithjerah.com](http://www.therapywithjerah.com)  
Email: hello@therapywithjerah.com  
Area(s) of Specialty: Young adults, anxiety, depression and trauma. EMDR trained.  
Insurance: Out of network provider for BCBS  
Address: 3E Cleveland Court, Greenville, SC 29607

Practice Name: Shine Counseling (Danielle Austin, LMFT, LMFT-S)  
Phone: 864-704-7809  
Website: [www.shinecounselingservices.com](http://www.shinecounselingservices.com)  
Email: danielle@shinecounselingservices.com  
Area(s) of Specialty: Christian counselor, CBT, solution-focused, transformational prayer ministry (TPM)  
Insurance: BCBS, Blue Choice, PAI, Federal Employee Plan, Aetna, Tricare  
Address: 3449 Pelham Road, Greenville, SC 29615

Practice Name: Greenville Counseling Associates (Tate Strange)  
Phone: 864-877-7025 ext. 712  
Email:  
Area(s) of Specialty: College-age (anxiety, depression, family/relationship issues, phase of life)  
Insurance: Self-pay with sliding fee scale  
Address:  

Practice Name: Clemson Counseling (Virginia Miller)  
Phone:  
Website: [www.clemsoncounseling.com](http://www.clemsoncounseling.com)  
Email:  
Area(s) of Specialty:  
Insurance:
Address:

**Practice Name:** GIFT Counseling Center for Wellness (Kelsey Rose)  
**Phone:** 864-534-1224  
**Website:** [www.giftcounselingcenter.com](http://www.giftcounselingcenter.com)  
**Email:**  
**Area(s) of Specialty:** Traumatic stress  
**Insurance:** Self-pay  
**Address:** 119 Manly Street, Greenville, SC 29601

**Practice Name:** Elena Newman Counseling, LLC  
**Phone:** 864-712-0505  
**Website:**  
**Email:**  
**Area(s) of Specialty:** Substance use and anxiety  
**Insurance:** BCBS, Cigna  
**Address:** Pelham Road, Greenville, SC

**Practice:** Peaceful Haven Therapy (Phillip Braun, LMFT)  
**Phone:** 864-381-8321  
**Email:** pbraun@peacefulhaventherapy.com  
**Area(s) of Specialty:** Individuals: depression, anxiety, grief, trauma, anger, self-esteem, LGBTQ issues, abuse. Couples: all areas. Families: adolescent males and their families; does not work with children under the age of 12. Braun is becoming a certified EFT therapist, to be completed by the beginning of 2019.  
**Insurance:** Blue Cross Blue Shield (should be able to accept insurance in October)  
**Address:** 198 Roper Mountain Ext, Suite C, Greenville, SC 29615

**SPARTANBURG AREA:**

**Practice Name:** Meg Taylor, MT Counseling  
**Phone:** 864-542-6041  
**Website:** [https://mtcounselingsc.com/](http://https://mtcounselingsc.com/)  
**Email:** megtaylor@mtcounselingsc.com  
**Area(s) of Specialty:** Children and young adults with anxiety, depression and self-esteem issues. Special interest in student-athletes.  
**Insurance:** Does not accept insurance, but will be paneled in November.  
**Address:** 152 Magnolia Street Spartanburg SC 29306

**Practice Name:** Magnolia Counseling (several clinicians available)  
**Phone:** 864-583-5969  
**Website:** [https://magnoliacounseling.net](http://https://magnoliacounseling.net)  
**Email:**  
**Area(s) of Specialty:** Various  
**Insurance:**  
**Address:** 153 N. Spring Street, Spartanburg, SC 29306

**Practice Name:** Next Generation Counseling (Ana Kelley)
**Next Generation Counseling**

Phone: 864-580-6777 (fax: 864-708-2020)
Website: [www.nextgenerationcounseling.com](http://www.nextgenerationcounseling.com)
Email: anakelley@nextgenerationcounseling.com

**Areas of Specialty:** Teens and young women; other counselors in the practice work with trauma, anxiety, depression, family issues, etc.

**Insurance:** Blue Cross Blue Shield, Medicaid, and self-pay reduced rates available.

**Address:** 101 N. Pine Street, Suite 315, Spartanburg, SC 29302

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**Ross Hill Counseling**

Phone: 864-406-5678

**Email:** roshill.mft@gmail.com

**Areas of Specialty:** Adolescents and adults, with co-occurring substance use disorders

**Insurance:** Self-pay

**Address:** 324 E. Saint John Street, Spartanburg, SC 29307

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**EMERGE**

Phone: 864-583-1010
Website: [www.westgatefti.org](http://www.westgatefti.org)

**Areas of Specialty:** General practice

**Insurance:** Sliding fee scale

**Address:** 138 Dillon Drive, Spartanburg, SC 29307

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**Beth Arms**

Phone: 864-583-1010

**Email:**

**Areas of Specialty:** General mental health disorders, school issues, parenting, ADHD, grief, adjustment disorders, spiritual issues

**Insurance:** BCBS, UHC, Cigna; EAPs: Beacon, Magellan, All One Health, JM Smith, Palmetto, MOS

**Address:**

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**Shelby Albright, LMFT**

Phone: 864-381-8564

**Email:**

**Areas of Specialty:** LGBTQ+ community

**Insurance:** BCBS and sliding fee scale

**Address:** 324 E. Saint John Street, Suite D2, Spartanburg, SC 29302

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**Healing Solutions (Adrina West)**

Phone: 864-707-2167
Website: [http://www.healingsolutionscounseling.com](http://www.healingsolutionscounseling.com)

**Email:**

**Areas of Specialty:** Substance abuse, obesity, depression, anxiety, stress, and life transitions. Offers flexible schedules, including early morning (7 a.m.), late evening (6 p.m.) and Saturday mornings (varies) appointments.
**Insurance:** Medicaid and self-pay  
**Address:** 340 E. Main Street, 102, Spartanburg, SC

**Practice Name:** Susan Lea, LMFT-I, CAC-P  
**Phone:** 864-406-5774  
**Email:**  
**Area(s) of Specialty:** Compassion fatigue, substance use and trauma, anger management.  
**Insurance:** Private pay  
**Address:** 101 N. Pine Street, Spartanburg, SC 29303

**Practice Name:** Coda Counseling, LLC (Carla Turner)  
**Phone:** (864) 316-8242  
**Website:** [www.ecsweb.org](http://www.ecsweb.org)  
**Email:**  
**Area(s) of Specialty:** EMDR, CBT, DBT and mindful mood management; trauma, anxiety and OCD  
**Insurance:** BCBS, Cigna, all the SC Medicaids, Magellan and several EAPs. Also, in network with Medcost/Healthscope insurance from Spartanburg Regional.  
**Address:** 1953 Old Reidville Road, Spartanburg, SC 29301

**Practice Name:** In-Step Counseling Services, LLC (Debbie Guilfoyle LISW-CP)  
**Phone:** 864-310-6776  
**Website:**  
**Email:** instepcounseling@gmail.com  
**Area(s) of Specialty:** Young adults with issues of depression, anxiety, trauma and LGBTQ; energy psychology techniques as well as talk therapy  
**Insurance:** BCBS, most SC Medicaid (no WellCare), Cigna and TriCare.  
**Address:** 175 Magnolia Street, Suite 106, Spartanburg, SC 29306

**Practice Name:** New Horizons Counseling (Kate Landsverk, LMFT) **  
**Phone:** 864-764-1007  
**Website:**  
**Email:** latelandsverk@newhorizonscounselingsc.com  
**Area(s) of Specialty:**  
**Insurance:** EAPs and self-pay. Assessment is $90; 50-minute sessions are $75  
**Address:** 1714 Boiling Springs Road, Boiling Springs, SC