# CONQUER & PREVAIL WOFFORD COLLEGE



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#### Commencement save-the-date

The Class of 2020 received an e-mail yesterday about plans to celebrate Commencement Friday and Saturday, Aug. 21 and 22. A campus committee is working on details and the weekend will include Commencement exercises, a Baccalaureate worship service, ROTC Commissioning, Honors Convocation, induction into Phi Beta Kappa and a Class of 2020 party.

These dates and events are contingent upon the ability to gather in late August based on recommendations from federal health officials and state governments. Stay tuned for more information.

#### Read Wofford Today Spring 2020 digitally

There are stories on student support services, Interim, the renaming of the Career Center and the rebranding of the Mungo Exchange, the 50th anniversary of Wofford Theatre and Terriers playing basketball overseas. This issue is particularly poignant because it's a slice of life at Wofford before COVID-19.

The link in the headline above allows you to read these and other stories across platforms – on your smartphone, tablet, desktop, etc. – anywhere, all the time. You also may view current and previous issues online at **Wofford.edu/woffordtoday**.

Wofford Today is printed and mailed quarterly – fall, winter, spring and summer – to Wofford alumni, current parents and other college supporters. You will remain on the mailing

list unless you prefer otherwise and send a note to woffordtoday@wofford.edu.

Enjoy!

### **Wofford's Resilience Project**

Interfaith Youth Core listed Wofford's Resilience Project as a good tool to help students during this time of global crisis. **Read the story** on IFYC's blog. The college's Resilience Project is led by the Department of Psychology, Counseling Services and the Office of the Chaplain. Brief exercises are provided to improve moods during difficult times while building resiliency. **View the resources** online. Inspire others by **sharing a story** about how you've overcome an experience and showed resilience.

## Top 5 strengths

The Career Center and the Halligan Center for Religious and Spiritual Life are partnering to offer a three-week CliftonStrengths workshop for students. CliftonStrengths is a personality assessment that identifies the top five strengths of individuals. Participants will learn how to leverage their strengths in future careers. Students can sign up this week through Handshake. Zoom workshops will take place at 2 p.m. Wednesday, April 22, and Wednesday, April 29. For more information, read about CliftonStrengths on Gallup.com.

#### Office of Marketing and Communications

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